

AI

PROMPT OPERATING SYSTEM / V1.0

AI PROMPT WORKFLOW

10 poster prompt systems, one repeatable database, and a complete Cristiano Ronaldo example set.



Goal: move from a locked style prompt to a subject-adapted image, reviewed output, and reusable learning record - without losing the original visual system.

Build the prompt database

Image Prompt Lab - recommended properties

PROPERTY	TYPE	PURPOSE
Name	Title	Style + subject + version
Style	Select	One of the ten prompt systems
Subject	Text	Person, product, character, or object
Base Prompt	Text	Locked source prompt - do not overwrite
Subject Adapter	Text	How the subject enters the style
Aspect Ratio	Select	4:5, 1:1, 16:9, etc.
Status	Status	Idea → Drafted → Generated → Review → Approved
Version	Number	Increment for each controlled iteration
Output	Files & media	Final image or contact sheet
Score	Number	Average of the QA rubric
Revision Notes	Text	One specific change for the next pass

Status pipeline

IDEA

DRAFTED

GENERATED

REVIEW

APPROVED

PUBLISHED

Database page template

01 / Creative brief

Subject, audience, format, exact copy.

02 / Prompt stack

Base prompt, adapter, final generator prompt.

03 / Output gallery

Variants, favorite, crop tests.

04 / Evaluation

Score, failure mode, next revision.

Rule: keep the Base Prompt immutable. All iteration happens in Subject Adapter, Variation Directive, and Revision Notes.

Compose, generate, review, learn

02

1

Pick a style

Select one locked Base Prompt from the library.

2

Set the subject

Define likeness, pose, wardrobe, and subject-specific motifs.

3

Compose

Combine style, subject, and exact text requirements.

4

Generate

Create 3-4 variants with one controlled difference per version.

5

Review

Score likeness, style fidelity, copy, composition, and novelty.

6

Archive

Store the winner and one precise revision note for future reuse.

WORKFLOW / PROMPT COMPOSER

You are the prompt editor for the Image Prompt Lab.

STYLE PROMPT: {Base Prompt}
SUBJECT: {Subject}
TEXT REQUIREMENTS: {Exact Copy}
VARIATION DIRECTIVE: {Variation Directive}
ASPECT RATIO: {Aspect Ratio}

Rewrite this as one production-ready image prompt. Preserve every essential style cue, palette, texture, era reference, and exact quoted text. Make the subject recognizable and central. Integrate subject motifs sparingly. Output only the final prompt.

WORKFLOW / CONTROLLED VARIANTS

Create three controlled prompt variants.

A - change composition only.
B - change accent palette only.
C - change central image treatment only.

Keep the subject, aspect ratio, exact copy, and core style locked. Label each variant with one sentence explaining what changed.

WORKFLOW / VISUAL CRITIC

Review the selected output against the final prompt.

Score 1-5 for:

- subject likeness
- style fidelity
- typography and copy
- composition
- novelty

Name the single biggest failure and write one concrete revision instruction. Avoid vague feedback.

WORKFLOW / PUBLISHING METADATA

Using the prompt and chosen output, write:

1. a 4-7 word project title
2. one-sentence accessible alt text
3. five searchable tags
4. one concise revision note
5. a short caption that does not overclaim the image

ANTI-DESIGN

anti-design

post-brutalism

collage

4:5

BASE PROMPT - LOCKED

A deliberately ugly anti-design carousel cover. Composition intentionally breaks every "good design" rule - clashing fonts mixed within a single headline, random color combinations (electric pink + lime green + black on red, or acid yellow + cyan on hot magenta), elements placed at awkward angles. Central element is ONE of the following randomly chosen treatments (pick fresh each time): a distorted stretched photo of a Greek statue head with chaotic graphic overlays; a glitched-out photocopied face with neon stickers slapped across the eyes; a torn collage of magazine cutouts of hands holding random objects; a low-res scan of a vintage TV screen with broken pixel distortion; a stretched corrupted JPEG portrait with green compression artifacts.

MAIN TITLE somewhere in the composition (placement varies - could be diagonal, vertical along an edge, broken across the frame, or pushed off-center) reading exactly: "GPT IMAGE 2" - set in mismatched glitchy outlined sans-serif letters in clashing colors, each letter slightly different size and weight.

SUBHEAD elsewhere in the frame reading exactly: "DESIGN PROMPTS" - in a deliberately wrong font that clashes with the title (could be a thin serif, monospace, condensed display, or hand-drawn).

AGGRESSIVE HEADLINE TAGLINE almost not fitting the frame - pick one fresh each generation: "30 STYLES YOU CAN'T UNSEE", "STOP MAKING UGLY POSTERS", "STEAL THIS LIKE A REAL DESIGNER", "DESIGN IS DEAD LONG LIVE DESIGN", "THE GOOD ONES ARE INSIDE", "SWIPE OR REGRET IT".

Cut-up collage feel. Crude marker scribbles, doodled arrows, hand-stickered tape labels, scribbled circles around random words. Newspaper-photocopy texture. Random small graphic noise - barcodes, registration marks, "void" stamps. Layout intentionally chaotic with elements bleeding off the edges.

Vary the central image, color combinations, layout, and tagline every single generation.

Style: anti-design, post-Brutalism, intentional ugly-beautiful, Berlin underground club poster, Wolfgang Weingart energy.

SUBJECT ADAPTER / CRISTIANO RONALDO

Replace the random central treatment with a recognizable Cristiano Ronaldo portrait in photocopy, glitch, or torn-collage form. Keep CR7 and football details secondary to the anti-design system. Preserve the exact main title and subhead.

Remix note: Keep the text locked. Vary only the central image treatment, clash palette, and aggressive tagline.



GENERATED EXAMPLE

Cristiano Ronaldo / Anti-Design

AI-generated visual study. Re-typeset critical copy for production.

FRUTIGER AERO

Y2K

glossy OS

optimism

4:5

BASE PROMPT - LOCKED

A maximal Frutiger Aero poster in early-2000s OS aesthetic. Glossy translucent 3D-rendered hero object as centerpiece - a Nokia-style phone, a bubble dolphin, a goldfish in a glass orb, a chrome heart - floating against a hyper-saturated sky-blue gradient with white fluffy clouds. Reflective bubbles, water droplets, lens flares everywhere. A glossy 3D-rendered logo title in metallic chrome bubble letters. Translucent Windows XP-style UI panels semi-visible in the corners. Cheerful green grass, golden sunlight beams, rainbow refractions.

Style: Frutiger Aero maximalist, 2003-2010 corporate optimism, Windows Vista wallpaper energy, Y2K liquid optimism.

SUBJECT ADAPTER / CRISTIANO RONALDO

Use Cristiano Ronaldo as the glossy hero subject in the utopian landscape. Keep the sky, bubbles, grass, lens flares, chrome title, and glass UI panels dominant. Use football stats only as playful interface content.

Remix note: Change the hero pose and UI widgets while preserving the optimistic Aero world.



GENERATED EXAMPLE

Cristiano Ronaldo / Frutiger Aero

AI-generated visual study. Re-typeset critical copy for production.

BRUTALISM

monochrome

neon yellow

industrial

4:5

BASE PROMPT - LOCKED

A brutalist poster design with raw aggressive typography. A heavy distorted 3D-rendered statue head or bust as central element, with neon yellow geometric stickers/squares overlaid across the face. Stark high-contrast black and white base with single neon yellow accent color. Random large bold headline (sans-serif, condensed, all caps) split aggressively across multiple lines. Brutalist tech overlays - barcodes, alphanumeric codes, EAN labels, registration arrows. Hand-drawn marker scribbles overlaid randomly. Industrial concrete texture in background.

Style: contemporary brutalist graphic design, raw, harsh, intentional ugly-beautiful aesthetic.

SUBJECT ADAPTER / CRISTIANO RONALDO

Render Cristiano Ronaldo as the distorted monumental stone bust. Keep the palette strictly black, white, concrete gray, and one neon-yellow accent. Add CR7 micro-labels without turning it into a conventional sports poster.

Remix note: Alter crop, fragmentation, and code overlays; keep the single-accent color rule.



GENERATED EXAMPLE

Cristiano Ronaldo / Brutalism

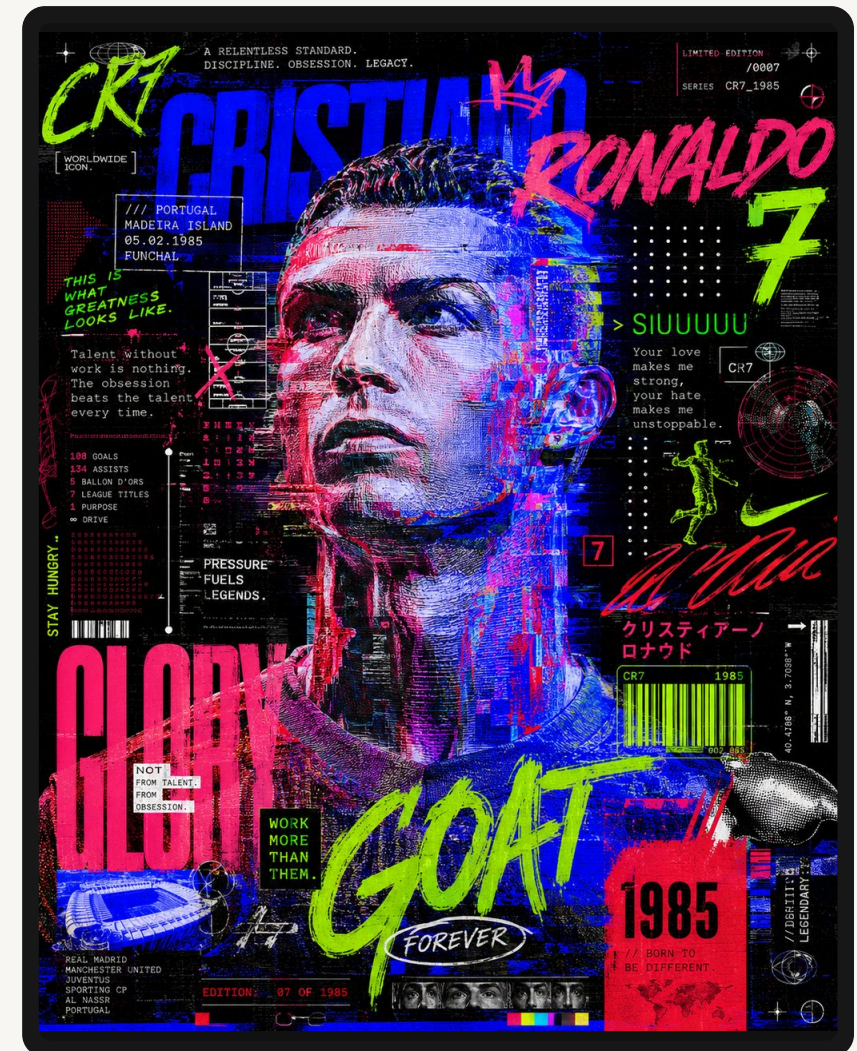
AI-generated visual study. Re-typeset critical copy for production.

BASE PROMPT - LOCKED

Style: contemporary maximalist editorial poster, layered chaos, intentional information overload.

Use Cristiano Ronaldo as the central distorted 3D scan. Weave his name, number, career fragments, and motivational microcopy through the layers while preserving multiple competing focal points.

Remix note: Change one variable per version: headline hierarchy, neon balance, or scan distortion.



Cristiano Ronaldo / Maximalism

AI-generated visual study. Re-typeset critical copy for production.

MEMPHIS

1980s

geometric

playful

4:5

BASE PROMPT - LOCKED

A Memphis Group postmodern poster from the 1980s. Bold mismatched geometric shapes - squiggles, triangles, dots, zigzag patterns - in playful clashing colors of teal, hot pink, yellow, and black. Random pattern fields (polka dots, stripes, scribbles) collide with each other. Chunky bold sans-serif title in oversized lowercase. Squiggly accent lines and confetti shapes scattered. Funky 80s playful chaos.

Style: Memphis Group, Ettore Sottsass, 1980s postmodern Italian design, MTV-era graphic energy.

SUBJECT ADAPTER / CRISTIANO RONALDO

Place a cutout portrait of Cristiano Ronaldo at the center with a bold outline. Integrate him as a pop icon among the shapes rather than as an action-sports photograph.

Remix note: Rearrange shapes and title scale while keeping the teal, pink, yellow, black palette.

**GENERATED EXAMPLE****Cristiano Ronaldo / Memphis**

AI-generated visual study. Re-typeset critical copy for production.

SPRAY GRAFFITI

street art

stencil

lo-fi

4:5

BASE PROMPT - LOCKED

A spray-paint graffiti poster on raw white paper. A messy hand-sprayed title in dripping neon green or hot pink spray paint as the central element, with visible aerosol drips running down. Background is layered with stenciled black sans-serif text - exhibition info, dates, times - partially obscured by the spray. Slight crumpled paper texture. High-contrast lo-fi street-art aesthetic. Random graffiti tag in a corner.

Style: street art exhibition poster, raw spray-paint typography, urban underground gallery aesthetic.

SUBJECT ADAPTER / CRISTIANO RONALDO

Convert Cristiano Ronaldo into a high-contrast stencil portrait. Spray his name across the poster and treat the rest as an underground gallery flyer, not a polished campaign.

Remix note: Switch spray color and tag placement; keep the stencil portrait and raw paper texture.



GENERATED EXAMPLE

Cristiano Ronaldo / Spray Graffiti

AI-generated visual study. Re-typeset critical copy for production.

CHROMEPUNK

chrome

anime

cyberpunk

4:5

BASE PROMPT - LOCKED

A chrome punk poster in late-90s Japanese anime / chrome aesthetic. Hyper-rendered liquid chrome anime character - a samurai, cyborg, demon, or skeletal figure with reflective metallic armor and weapons, dramatic warrior pose. Aggressive rim lighting with sharp red/blue light catching the chrome edges. Deep purple, electric blue, and crimson background tones. Glossy mirror-finish reflections distorting the environment. Bold lowercase white sans-serif title overlay reading a random aggressive word. Cinematic anime poster composition.

Style: Chrome punk, Yoshitaka Amano meets Hajime Sorayama, retro 90s anime VHS cover, chrome cyborg aesthetic, dark sci-fi manga.

SUBJECT ADAPTER / CRISTIANO RONALDO

Transform Cristiano Ronaldo into a recognizable chrome football-warrior or cyber-samurai. Keep the late-90s anime VHS composition, reflective armor, and red-blue rim lighting.

Remix note: Change the weapon, armor silhouette, and camera angle; retain the chrome material system.



GENERATED EXAMPLE

Cristiano Ronaldo / Chrome punk

AI-generated visual study. Re-typeset critical copy for production.

ZINE STACK

risograph

duotone

print

4:5

BASE PROMPT - LOCKED

A risograph-printed zine poster with stacked typography. Two fluorescent ink colors (fluorescent pink + electric blue, or neon orange + forest green) overlapping in slight misregistration creating a third overlap color. Bold chunky display headline split into 3-4 stacked rows filling the entire frame. Small body text annotations crammed between the headline rows in tiny mono. Grainy stochastic halftone texture across all gradients. Slight ink streaks and paper grain. A small illustrated icon or motif tucked in a corner. Cream uncoated paper background.

Style: indie risograph zine, Yale School of Art aesthetic, contemporary risograph print culture, limited-edition zine.

SUBJECT ADAPTER / CRISTIANO RONALDO

Use Cristiano Ronaldo as a duotone halftone portrait integrated into the stacked type. Keep only two fluorescent inks, visible misregistration, and cream paper.

Remix note: Change ink pair or line breaks; never add full-color photographic rendering.

**GENERATED EXAMPLE****Cristiano Ronaldo / Zine Stack**

AI-generated visual study. Re-typeset critical copy for production.

Y2K GIRLHOOD

McBling

pink glitter

collage

4:5

BASE PROMPT - LOCKED

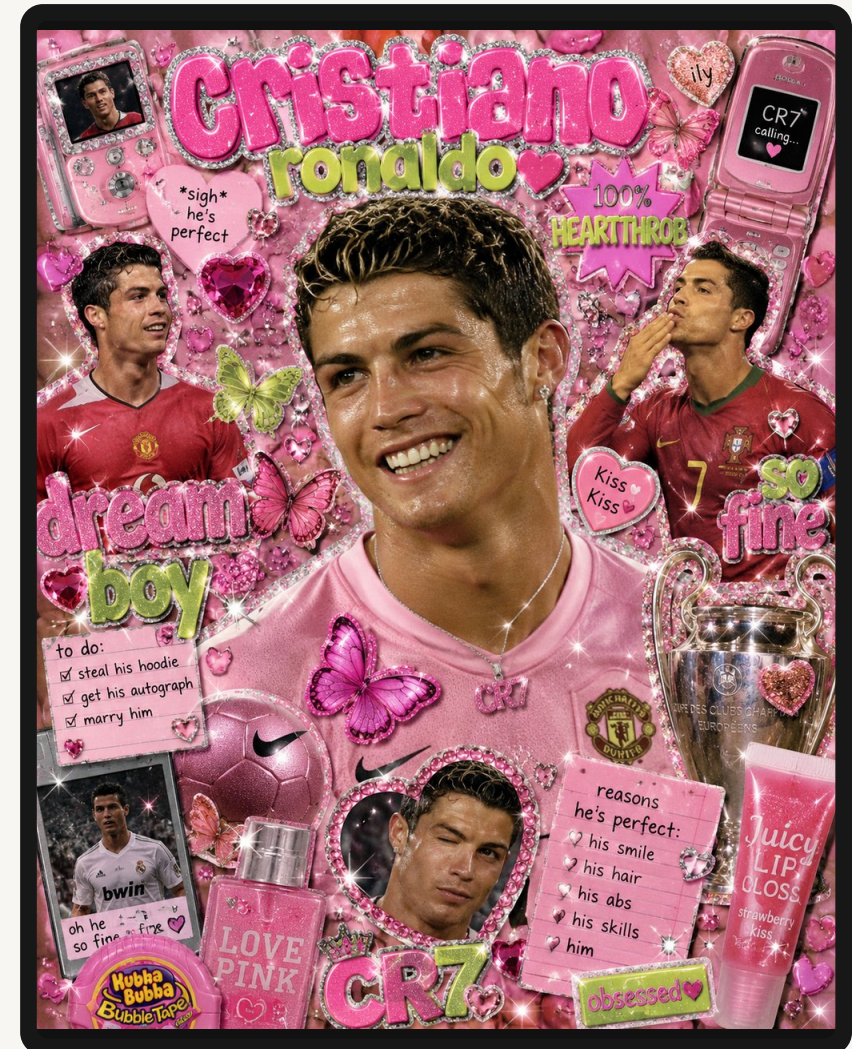
A Y2K girlhood collage poster in pink-and-glitter aesthetic. A collaged composition of random feminine objects - a pink shopping basket overflowing with candy, lip gloss, snacks, butterfly clips; or a close-up of glossy lips with star-shaped piercings. Sparkles, hearts, butterflies stickers scattered across. Bubble pink font for the title at the top reading a girly word. Mid-2000s teen magazine aesthetic. Hot pink, baby pink, lime green palette. Slight digital camera flash quality.

Style: Tumblr-era girlhood aesthetic, coquette, McBling, Bratz energy.

SUBJECT ADAPTER / CRISTIANO RONALDO

Frame Cristiano Ronaldo as the celebrity-crush centerpiece. Use multiple cutout portraits, glitter captions, hearts, candy, flip-phone motifs, and CR7 references as scrapbook stickers.

Remix note: Vary the object mix, poses, and handwritten captions; preserve the glossy pink fan-collage mood.



GENERATED EXAMPLE

Cristiano Ronaldo / Y2K Girlhood

AI-generated visual study. Re-typeset critical copy for production.

SHOWA JAPANESE

retro ad

halftone

hand-painted

4:5

BASE PROMPT - LOCKED

A vintage 1970s Japanese Showa-era advertising poster. Slightly faded aged print quality on tan paper. A central illustrated subject - a smiling housewife, a vintage product mascot, a Showa-era car, a kaiju, a stylized geisha - in retro Japanese commercial illustration style with rounded shapes and warm hand-painted feel. Bold vertical Japanese kanji and katakana title down one side of the frame combined with bubble-style romaji subhead. Warm palette of cream, blood red, mustard, faded teal. Decorative frames and starburst accents. Halftone print dots.

Style: Showa-period Japanese poster, 1960s-70s Tokyo commercial print, retro Japanese advertising, Hayashi Yoshikatsu energy.

SUBJECT ADAPTER / CRISTIANO RONALDO

Illustrate Cristiano Ronaldo as a charming Showa-era product endorser holding a retro energy drink and football. Keep the warm painted likeness, aged print, vertical Japanese type, and starbursts.

Remix note: Change the fictional product, pose, and copy blocks while preserving the Showa print language.



GENERATED EXAMPLE

Cristiano Ronaldo / Showa Japanese

AI-generated visual study. Re-typeset critical copy for production.

Batch template and QA gate

Universal subject-adaptation block

Use the selected Base Prompt as the visual operating system.

Make {Subject} the central recognizable subject.
Preserve the style's composition language, material system, era references, palette, texture, and typography behavior.

SUBJECT NOTES:
{Likeness / pose / wardrobe / motifs}

EXACT TEXT:
{Copy that must appear}

CONTROLLED CHANGE:
{Change one variable only}

OUTPUT:
One polished {Aspect Ratio} image. Do not explain the prompt.

QA rubric - score 1 to 5

Criterion	Question
Subject likeness	Is the person immediately recognizable?
Style fidelity	Does the image obey the prompt system rather than a generic genre?
Copy	Are required words present and usable?
Composition	Is the intended hierarchy or chaos working?
Novelty	Does the variation add something specific?

Approval checklist

- ☐ Base Prompt remains unchanged.
- ☐ Only one controlled variable changed from the prior version.
- ☐ Selected output is attached to the database record.
- ☐ Critical text is scheduled for clean re-typesetting.
- ☐ One useful revision note is stored for the next subject.

CRISTIANO RONALDO / SELECTED EXAMPLE SET

